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Titolo	Damaged : Childhood Trauma, Adult Illness, and the Need for a Health Care Revolution / / Robert Maunder and Jonathan Hunter
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ISBN	1-4875-2836-1
Edizione	[First edition.]
Descrizione fisica	1 online resource (232 pages)
Disciplina	616.89/14
Soggetti	Psychotherapist and patient Adult child abuse victims - Mental health Child abuse - Psychological aspects Psychic trauma
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	1. "The damage that I am" -- 2. "Fuckin' dead weight" -- 3. Drowning -- 4. "Cure sometimes. Relieve often. Comfort always." -- 5. "You're in it with me now" -- 6. "The closest thing to love" -- 7. Cause of causes -- 8. "Speak for me" -- 9. Fever -- 10. Partialists -- 11. "What are we doing here?" -- 12. Gifts -- 13. "It ends here" -- 14. "Help me" -- 15. Under siege -- 16. "Boohoo" -- 17. Running -- 18. "Who is going to give a shit?" -- 19. "I've got this figured out" -- 20. "I used to think that nothing could change" -- 21. The Care Revolution.
Sommario/riassunto	Childhood adversity that is severe enough to be harmful throughout life is one of the biggest public health issues of our time, yet health care systems struggle to even acknowledge the problem. In Damaged, Dr. Robert Maunder and Dr. Jonathan Hunter call for a radical change, arguing that the medical system needs to be not only more compassionate but more effective at recognizing that trauma impacts everybody's health, from patient to practitioner. Drawing on decades of experience providing psychiatric care, Maunder and Hunter offer an open and honest window into the private world of psychotherapy. At the heart of the book is the painful yet inspiring story of Maunder's career-long work with a patient named Isaac. In unfiltered accounts of

their therapy sessions, we see the many ways in which childhood trauma harms Isaac's health for the rest of his life. We also see how deeply patients can affect the doctors who care for them, and how the caring collegiality between doctors can significantly improve the medicine they practice. *Damaged* makes it clear that human relationships are at the core of medicine, and that a revolution in health care must start with the development of safe, respectful, and caring relationships between doctors and patients. It serves as a strong reminder that the way we care for those who suffer most reveals who we are as a society.
