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Nota di contenuto	; Introduction : Why write a book on Sjogren's / Daniel J. Wallace -- ; Part 1. Introduction and definitions -- Sjogren's Syndndrome Foundation / Steven Taylor -- What is Sjogren's / Arthur I. Grayzel -- Who develops Sjogren's / Katy M. Setoode and Daniel J. Wallace -- ; Part 2. The pathophysiology of Sjogren's -- Pathogenesis of Sjogren's Syndrome / Ian R. Mackay -- Genetics and Sjogren's Syndrome / John A. Ice, Christopher J. Lessard, and Kathy L. Moser -- Sjogren's Syndrome : an immunologic perspective / Robert I. Fox -- How do these immunological events lead to dryness in systemic disease? / Janine Austin Clayton, Serena Morrison, and Philip C. Fox -- ; Part 3. Where and how can the body be affected by Sjogren's? -- Generalized symptoms and signs of Sjogren's / Steven E. Carsons and Nehad R. Solomon -- The internal organs in Sjogren's / Fotini C. Soliotis, Stuart S. Kassin, and Haralampos M. Moutsopoulos -- The central nervous system and Sjogren's : vasculitis and vasculopathy / Elaine Alexander -- The Gastrointestinal Tract / Matthew Nichols -- Gynecologic Issues Including Pregnancy / Thomas R. Allan and Ann Parke -- Lymphoma / Elke Theander and Eva Baecklund -- Diseases Associated with Sjogren's Syndrome / Frederick B. Vivino, Abha Gulati, Reza Dana, and Gary N. Foulks -- The Dry Mouth / Ava J. Wu and Troy E. Daniels -- Salivary Glands, Ears, Nose and Throat / Robert S. Lebovics -- Lab Work : Blood Tests, Imaging, Biopsies and Beyond / Alan N. Baer -- Why is Sjogren's

Syndrome Difficult to Diagnose? / Robert F. Spiera and Harry Spiera -- ; Part IV. The management of Sjogren's -- Treatment of Dry Mouth / Philip C. Fox, Mabi I. Singh, and Athena Papas -- Management of Dry Eye / S. Lance Forstot and Gary N. Foulks -- Treatment of Other Sicca Symptoms -- ; A. Dry Ears, Nose and Sinuses / Soo Kim Abboud -- ; B. Dry Skin / Theresa L. Ray and John R. Fenyk, Jr. -- ; C. Vaginal Dryness / Elisa Rodriguez Trowbridge -- Diagnosis and Management of Fatigue / Richa Mishra and Frederick B. Vivino -- Management of Musculoskeletal and Chronic Pain / Lan Chen -- Management of Serious Internal Organ Manifestations / Daniel Small -- Evaluation and Management of the Neurological Manifestations of Sjogren's Syndrome / Steven Mandel, Carla LoPinto-Khoury, Ramon Manon-Espaillet, William Neils, Scott Pello, David Roshal, and Meredith Snapp -- Complementary and Alternative Therapies for Sjogren's Syndrome / Paul F. Howard and C. Keith Wilkinson -- Vitamin D and Sjogren's Syndrome / Jeffrey Wilson -- Testing New Drugs and Future Directions / Young Lee, E. William St. Clair, and Philip L. Cohen -- ; Part V. Living with Sjogren's -- Quality of Life and Sjogren's / Barbara M. Segal -- Lifestyle Issues : Emotional / Teri P. Rumpf and Lynn C. Epstein -- Enhancing Resilience through Mind/Body Interactions / Margaret Baim -- Related Topics on Living with Sjogren's -- ; A. Sex / Anne E. Burke -- ; B. Sleep / H. Kenneth Fisher -- ; C. Surgery / Lynn M. Petruzzi -- ; D. Vaccinations / Richard D. Brasington, Jr. -- Disability and Sjogren's / Thomas D. Sutton, JD and Katherine Morland Hammitt -- Web, Print and Media Resource Manual -- ; Appendix 1. Glossary -- ; Appendix 2. Products for Sjogren's Patients.

Sommario/riassunto

"Afflicting one in seventy Americans, Sjogren's syndrome is an autoimmune disease that commonly causes dryness of the eyes, mouth, and nose, and that can lead to complications including profound fatigue, depression, and lymphoma. While there is no cure for Sjogren's, much can be done to alleviate the suffering of patients. This extensively revised handbook offers everything you need to know to cope with this disease. The Sjogren's Book, Fourth Edition is a comprehensive and authoritative guide, produced by the Sjogren's Syndrome Foundation and its medical advisors and edited by physician Daniel J. Wallace, a leading authority on autoimmune disorders. This expanded edition provides readers with the best medical and practical information on this disorder, bringing together the current thinking about Sjogren's in an easily readable and understandable book, with an entirely new section on lifestyle issues aimed at improving the quality of life for Sjogren's sufferers. With more than thirty chapters written by leading experts, the handbook illuminates the major clinical aspects of the syndrome and is loaded with practical tips and advice. Indeed, it offers a wide-ranging look at the many faces of Sjogren's, covering diagnosis, the various organ systems that can be affected, the possible psychological problems, and the many treatment options, as well as a concluding chapter listing the web, print, and media resources available. It is a valuable aid that patients can use while discussing their illness with their physician and an excellent resource for family members. And because Sjogren's is greatly underdiagnosed, this handbook is a particularly valuable resource for healthcare professionals. Recognized as the bible for Sjogren's sufferers, this reliable and informative guide is the first place for patients to look when they have questions about this little known but serious chronic disease"--
