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Nota di contenuto	About the authors -- Acknowledgments -- Chapter 1. Everything is memory -- Chapter 2. Nuts and bolts: the basics of your memory -- Chapter 3. Memory illusions -- Chapter 4. Who done it? Memory and eyewitness identification -- Chapter 5. Remembering to take the cupcakes out of the oven: prospective memory -- Chapter 6. That's the story of my life: the autobiographical memory system -- Chapter 7. Frozen in time: traumatic memories -- Chapter 8. Memory loss: amnesia and other memory disorders -- Chapter 9. Memory is everything: having superior memory.
Sommario/riassunto	Contemporary research has found that memory is much more than the process for recalling information that has been learned and retained-- it is a rich, nuanced process that is an important part of every human activity. This highly readable foundational text provides an overview of the theories and research on human memory from a psychological perspective. Grounded in the premise that all psychological processes depend on memory, and that memory is shaped by the functions it serves, the authors look at a wide range of memory processes and discuss the major theories that have been developed to explain how it functions.