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Titolo	Treatment of dysphagia in adults : resources and protocols in English and Spanish // Maria Provencio-Arambula, M.A., Dora Provencio, M.A., M.N. Hegde, Ph.D
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Nota di contenuto	Contents; Preface; Introduction to Dysphagia Treatment Resources and Protocols; How to Use the Accompanying CD; Section 1. Overview of Management and Treatment of Dysphagia; Establishing a Prognosis for Treatment; Components of a Dysphagia Treatment Program; Preparation for Treatment; Varieties of Treatment; Section 2. Management and Treatment of Dysphagia; General Treatment Procedures; Protocol 2.1 (English/Spanish); Protocol 2.2 (English/Spanish); Protocol 2.3 (English/Spanish); Protocol 2.4 (English/Spanish); Protocol 2.5 (English/Spanish); Protocol 2.6 (English/Spanish) Section 3. Treatment for Oral Preparatory Phase Disorders Overview of the Oral Preparatory Phase of Swallowing and Associated Disorders; Treatment for Oral Preparatory Phase Disorders Increasing Oral Sensitivity; Protocol 3.1 (English/Spanish) Cold Lip Rub; Protocol 3.2 (English/Spanish) Warm Lip Rub; Protocol 3.3 (English/Spanish) Soft Lip Press; Protocol 3.4 (English/Spanish) Bitter Press; Protocol 3.5 (English/Spanish) Iced Cheek Technique; Protocol 3.6 (English/Spanish) Washcloth Rub; Protocol 3.7 (English/Spanish) Cold Inner Cheek Rub; Protocol 3.8 (English/Spanish) Toothbrush Rub Protocol 3.9 (English/Spanish) Tongue Tickle Protocol 3.10 (English/Spanish) Back Tongue Tickle; Treatment for Oral Preparatory

Phase Disorders Improving the Strength and Range of Movement of the Lips and Cheeks; Protocol 3.11 (English/Spanish) Lip Squeeze Exercise; Protocol 3.12 (English/Spanish) Lip Rub Exercise; Protocol 3.13 (English/Spanish) Lower Lip Push-up Exercise; Protocol 3.14 (English/Spanish) Close/Open Lip Exercise; Protocol 3.15 (English/Spanish) Pucker and Smile Exercise; Protocol 3.16 (English/Spanish) Tight Lip Exercise; Protocol 3.17 (English/Spanish) Big Smile Exercise
Protocol 3.18 (English/Spanish) Cheek Puff Exercise Treatment for Oral Preparatory Phase Disorders Improving Cheek Tension; Protocol 3.19 (English/Spanish) Cheek Push-up Exercise; Protocol 3.20 (English/Spanish) "Oh" Lips Exercise; Protocol 3.21 (English/Spanish) Side Pucker Exercise; Protocol 3.22 (English/Spanish) Head Tilt Strategy; Treatment for Oral Preparatory Phase Disorders Improving Tongue Movements; Protocol 3.23 (English/Spanish) Side-to-Side Tongue Wag Exercise; Protocol 3.24 (English/Spanish) Side Tongue Hold Exercise; Protocol 3.25 (English/Spanish) Teeth Sweep Exercise
Protocol 3.26 (English/Spanish) Tongue-to-Cheek Push Exercise Protocol 3.27 (English/Spanish) Lateral Tongue Push Exercise; Protocol 3.28 (English/Spanish) Lateral Lick Exercise; Protocol 3.29 (English/Spanish) Lateral Chew Exercise; Protocol 3.30 (English/Spanish) Tongue Press Exercise/Strategy; Protocol 3.31 (English/Spanish) Head Tilt Strategy; Treatment for Oral Preparatory Phase Disorders Improving Tongue Tip Elevation; Protocol 3.32 (English/Spanish) Tongue Tip Push Exercise; Protocol 3.33 (English/Spanish) Toothette Squeeze Exercise; Protocol 3.34 (English/Spanish) Anterior Tongue Click Exercise
Protocol 3.35 (English/Spanish) Tongue Tip Sound Production Exercise

Sommario/riassunto

This treatment manual provides all the background information and protocols needed for successful treatment outcomes. The resource section of the book offers background information and treatment overviews for dysphagia and evaluates the advantages and disadvantages of the various procedures. Thereafter a range of protocols provide treatment programs and exercises in an easy to follow format.
