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Autore	Carr Alan
Titolo	Positive Psychology, Second Edition : The science of happiness and human strengths [[electronic resource]]
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Edizione	[2nd ed.]
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Disciplina	150.1988
Soggetti	Happiness Positive psychology Social Sciences Psychology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Cover; Positive Psychology: The Science of Happiness and Human Strengths; Copyright; Contents; Figures; Tables; Preface; 1 Happiness; Positive emotions; Positive and negative affectivity; Happiness; Measuring happiness; The effects of happiness; Causes of happiness; Circumstances and happiness; Happiness enhancement; Related concepts; Implications; Controversies; Summary; Questions; Further reading; Measures for use in research; Websites; 2 Positive traits; Trait theories of personality and personal strengths; Values in Action (VIA) Classification of Character Strengths and Virtues Implications; Controversies; Summary; Questions; Further reading; Measures for use in research; Websites; 3 Hope and optimism; Positive illusions; Optimism; Hope; Expectationism, risk homeostasis theory, and time perspective; The neurobiology of optimism; Implications; Controversies; Summary; Questions; Further reading; Measures for use in research; 4 Flow; Flow; Self-determination theory and intrinsic motivation; Metamotivational states and reversal theory; Implications; Controversies; Summary; Questions; Further reading; Measures for use

in research; Websites; 5 Emotional intelligence
Emotional intelligence: ability or personality trait?Development of emotional competence; Neurobiological basis for emotional intelligence; Questions and answers about emotional intelligence; Enhancing emotional intelligence; Related constructs; Implications; Controversies; Summary; Questions; Further reading; Measures for use in research; Websites; 6 Giftedness, creativity, and wisdom; Giftedness; Creativity; Wisdom; Implications; Controversies; Summary; Questions; Further reading; Measures for use in research; 7 Positive self; Self as object and agent; Self-esteem; Self-efficacy
Defence mechanismsCoping strategies; Implications; Controversies; Summary; Questions; Further reading; Measures for use in research; 8 Positive relationships; The family life cycle; Life-cycle stages associated with separation and divorce; Assessing relationships; Implications; Controversies; Summary; Questions; Further reading; Measures for use in research; 9 Positive psychological therapy; Positive psychotherapy; Fordyce's 14 fundamentals for happiness programme; Fava's well-being therapy; Frisch's quality-of-life therapy; Person-centred approaches; Post-traumatic growth-based therapy
Solution-focused therapyPositive family therapy; Strengths-based therapies for severe problems; The effectiveness of positive psychology interventions; Implications; Controversies; Summary; Questions; Further reading; Measures for use in research; Websites; Afterword; Glossary; References; Index

Sommario/riassunto

Remediating deficits and managing disabilities has been a central preoccupation for clinical psychologists. Positive Psychology, in contrast, is concerned with the enhancement of happiness and well-being, involving the scientific study of the role of personal strengths and positive social systems in the promotion of optimal wellbeing. Alan Carr's Positive Psychology has become essential reading for anyone requiring a thorough and accessible introduction to the field. This new edition retains all the features that made the first edition so popular, including:accoun

2. Record Nr.	UNINA9910823372003321
Autore	Bassimir Anja-Maria
Titolo	Evangelical news : politics, gender, and bioethics in conservative Christian magazines of the 1970s and 1980s / / Anja-Maria Bassimir
Pubbl/distr/stampa	Tuscaloosa, Alabama : , : The University of Alabama Press, , [2022] ©2022
ISBN	0-8173-9400-1
Edizione	[1st ed.]
Descrizione fisica	1 online resource (384 pages)
Collana	Religion and American Culture
Disciplina	270.8/2
Soggetti	Christian conservatism - History - 20th century Evangelicalism - History - 20th century
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Intro -- Contents -- List of Illustrations -- Acknowledgments -- Introduction -- Part I. The 1970s -- 1. The 1970s: An Overview -- 2. Conversion Politics: From Countercultural Revolution to the Born-Again Presidency of Jimmy Carter -- 3. Feminist Challenges: Women and Gender Debates -- Part II. The 1980s -- 4. The 1980s: An Overview -- 5. Christian America: The Era of the New Christian Right and the Reagan Revolution -- 6. Biomedical Challenges: From Abortion to Genetic Engineering -- Conclusion -- Notes -- Bibliography -- Index.
Sommario/riassunto	"This work is an innovative treatise on the evangelical magazine market during the 1970s and 1980s and how it sustained religious community and ideology. Bassimir argues that community can be produced in discourse, especially when shared rhetoric, concepts, and perspectives signal belonging. The 1970s and 1980s were a tumultuous period in United States history. In suit with a dramatic political shift to the right, evangelicalism also entered the public discourse as a distinct religious movement and was immediately besieged by cultural appropriations and internal fragmentations. This was also a time when Americans in general and evangelicals in particular grappled with issues and ideas such as feminism and legal abortion, restructuring traditional roles for women and the family. The Watergate Crisis and the newly emerging Christian Right also threw politics into turmoil. During this time, there

was a surge of readership for evangelical magazines such as Christian Today, Moody Monthly, Eternity, and Post-Americans/Sojourners. While each of these magazines-and many other publications-contributes to and participates in the overall dissemination of evangelical ideology, they all also have their own outlooks and political leanings when it comes to hot-button issues. Evangelical Visions, through a thoroughly researched lens, makes important correctives to common understandings of evangelical discourse, particularly regarding the key political initiatives of the religious right. Bassimir demonstrates that within the pages of these periodicals, evangelicals hashed out a number of competing views on feminism, abortion, reproductive technologies, and political involvement itself. To accomplish this, Evangelical Visions traces the emergence of evangelical social and political awareness in the 1970s to the height of its power as a political program. The chapters in this monograph also delve into such topics as how evangelicals re-envisioned gender norms and relations in light of the feminist movement and the use of childhood as a symbol of unspoiled innocence and the pure potential of humanity. Presently, most accounts of evangelicalism cite evangelical magazines only very selectively, and virtually no studies make substantive use of those magazines as objects of investigation. Bassimir's Evangelical Visions makes a much needed contribution to our understanding of evangelicalism in the late twentieth century by providing a nuanced picture of a religious subculture that is too often reduced to caricature. This study is located at the intersection of history, religious studies, and media studies and will appeal to scholars and students of all of these fields"--
