Record Nr. UNINA9910823250903321 Integrative dermatology / / edited by Robert A. Norman, Philip D. **Titolo** Shenefelt, Reena N. Rupani; Adekemi Akingboye [and twenty eight others], contributors New York:,: Oxford University Press,, 2014 Pubbl/distr/stampa ©2014 0-19-936800-7 **ISBN** 0-19-990793-5 Descrizione fisica 1 online resource (554 p.) Collana Weil integrative medicine library NormanRobert A. <1955-> Altri autori (Persone) ShenefeltPhilip D RupaniReena N AkingboyeAdekemi Disciplina 616.506 Soggetti Skin - Diseases - Treatment Diet therapy Lingua di pubblicazione Inglese Formato Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliographical references at the end of each chapters and Nota di bibliografia index. Cover: Integrative Dermatology: Copyright; DISCLOSURES: FOREWORD: Nota di contenuto PREFACE: ACKNOWLEDGMENTS: CONTENTS: CONTRIBUTORS: 1. Diet for Healthy, Youthful Skin; 2. Nutrition and Supplements for Healthy Skin; 3. Therapeutic Diets for Skin Disorders: 4. Skin-Influencing Factors in Daily Life; 5. Topical Botanicals and the Skin; 6. Psychoneuroimmunology in Dermatology; 7. Traditional Chinese Medicine and Acupuncture in Dermatology; 8. Herbal Medicine in Dermatology; 9. An Ayurvedic Perspective on Dermatology; 10. Hypnosis, Hypnoanalysis, and Mindfulness Meditation in Dermatology 11. Energy Medicine in Dermatology12. Integrative Management of Acne; 13. Integrative Management of Hair Loss and Hair Care; 14. Integrative Management of Atopic Dermatitis; 15. Integrative Management of Cutaneous Infectious Diseases; 16. Integrative Management of Contact Dermatitis; 17. Integrative Management of

Hyperhidrosis; 18. Integrative Management of Lichen Planus; 19.

Integrative Management of Neurodermatitis; 20. Integrative Management of Postherpetic Neuralgia; 21. Integrative Management of Pruritus; 22. Integrative Management of Psoriasis; 23. Integrative Management of Rosacea

24. Integrative Management of Seborrheic Dermatitis25. Integrative Management of Skin Cancer; 26. Integrative Management of Stasis Dermatitis; 27. Integrative Management of Urticaria; 28. Integrative Management of Verrucae (Warts); 29. Integrative Management of Vitiligo; 30. The History, Research, Education, and Future of Integrative Dermatology; INDEX

## Sommario/riassunto

Skin health has taken center stage for health care practitioners and patients alike. Not only has skin cancer quickly become the number one form of cancer in the United States, with 3.5 million cancers diagnosed in over 2 million patients annually, but concerns about sun protection and healthy aging have dominated both public media and individual patient concerns. As the largest and most visible organ, the skin displays all evidence of health and vitality, both real and perceived, thereby conferring a tremendous amount of psychological burden on those afflicted with cutaneous ailments. Clinici