Record Nr. Autore Titolo	UNINA9910823156403321 Boyd Claire Clinical Skills for Nurses : Student Survival Skills
Pubbl/distr/stampa	Hoboken : , : John Wiley & Sons, Incorporated, , 2013 ©2013
ISBN	9781118448755 9781118448779
Edizione	[1st ed.]
Descrizione fisica	1 online resource (224 pages)
Collana	Student Survival Skills Ser.
Disciplina	610.73
Soggetti	Nursing Handbooks, manuals, etc Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Intro CLINICAL SKILLS FOR NURSES Contents Preface Introduction Acknowledgements Chapter 1 PERFORMING OBSERVATIONS CONSENT OBSERVATION CHARTS BODY TEMPERATURE Body Temperature Physiology Procedure to Obtain the Temperature Using a Tympanic Membrane Thermometer Documenting a Temperature Reading on an Observation Chart BLOOD PRESSURE Blood pressure equipment Procedure to Obtain Blood Pressure Using an Aneroid Sphygmomanometer and Stethoscope HEART RATE Procedure to Obtain a Pulse Reading RESPIRATIONS Procedure to Obtain a Reading for Respiratory Rate NEUROLOGICAL OBSERVATIONS Procedure for Obtaining an AVPU Recording OXYGEN SATURATION TEST YOUR KNOWLEDGE Chapter 2 MALE URETHRAL CATHETERISATION POLICIES AND PROCEDURES WHY IS URINARY CATHETERISATION PERFORMED? Drainage Investigation Instillation FLUID OUTPUT HIGH- RISK PROCEDURE PERSONAL CARE AND THE NEED FOR STRICT ASEPSIS ANATOMY AND PHYSIOLOGY The Prostate CATHETERISATION EXCLUSION CRITERIA FOR URETHRAL CATHETERISATION EXCLUSION CRITERIA FOR URETHRAL CATHETERISATION CATHETER MATERIAL AND SELECTION CATHETERISATION CATHETER MATERIAL AND SELECTION CATHETERISATION CATHETER MATERIAL AND SELECTION DRAINAGE BAGS AND SECURING DEVICES Latex Lubrication

1.

Antibiotic cover -- PROBLEMS ASSOCIATED WITH CATHETERISATION --HOW TO TAKE A CATHETER SAMPLE OF URINE -- EMPTYING A DRAINAGE BAG -- PROCEDURE FOR MALE URETHRAL CATHETERISATION -- TEST YOUR KNOWLEDGE -- Chapter 3 FEMALE URETHRAL CATHETERISATION -- WHY IS URINARY CATHETERISATION PERFORMED? -- ANATOMY AND PHYSIOLOGY -- Pelvic Floor -- FLUID BALANCE --PERSONAL CARE -- PROCEDURE FOR FEMALE URETHRAL CATHETERISATION -- TEST YOUR KNOWLEDGE -- Chapter 4 BOWEL CARE -- ANATOMY AND PHYSIOLOGY OF THE BOWELS -- ASSESSMENT -- THE BRISTOL STOOL CHART -- MEDICATION REVIEW -- BOWEL CARE MANAGEMENT -- EXCLUSIONS AND CONTRAINDICATIONS. RISK ASSESSMENT -- Circumstances When Extra Care is Required --Observations -- DIGITAL RECTAL EXAMINATION (DRE) --ADMINISTRATION OF ENEMAS AND/OR SUPPOSITORIES -- DIGITAL REMOVAL OF FAECES (DRF) IN ADULTS -- DIGITAL RECTAL STIMULATION (DRS) -- AUTONOMIC DYSREFLEXIA -- Signs and Symptoms of Autonomic Dysreflexia -- Treatment of Autonomic Dysreflexia -- THE PROCEDURES: STEP BY STEP -- Procedural Steps for Digital Rectal Examination -- Procedural Steps for Administration of Enemas and Suppositories -- Procedural Steps for Digital Removal of Faeces -- Procedural Steps for Digital Rectal Stimulation -- TEST YOUR KNOWLEDGE -- Chapter 5 TRACHEOSTOMY CARE -- ANATOMY AND PHYSIOLOGY -- TRACHEOSTOMY TUBES -- Cuffed Tracheostomy Tube -- Un-cuffed Fenestrated Tracheostomy Tube -- Adjustable-Flange Tracheostomy Tube -- Cricothyroidotomy or Mini-Tracheostomy Tube -- Inner Cannula -- SUCTIONING TECHNIQUE -- Equipment -- Suction Catheter Size and Suction Pressure -- Procedure -- CUFF PRESSURE MONITORING -- PROCEDURE FOR CLEANING AND DRESSING THE TRACHEOSTOMYSTOMA SITE -- Guidelines for Cleaning and Dressing theTracheostomy Stoma Site -- TEST YOUR KNOWLEDGE -- Chapter 6 POINT-OF-CARETRAINING -- URINALYSIS -- The Sample -- The Test --What does it all mean? -- FAECAL OCCULT BLOOD TEST -- Dietary Preparation -- The Test -- Sources of Blood in the Faeces -- BLOOD LANCING -- The Test -- BLOOD GLUCOSE TESTING -- Blood Glucose Levels -- Normal Blood Sugar Control: the Science Bit -- The Impact on the Individual -- The Impact on the NHS -- Treatment -- Monitoring --TEST YOUR KNOWLEDGE -- Chapter 7 BLOOD TRANSFUSION --CONSENT AND INFORMATION LEAFLETS -- BLOOD TRANSFUSION **REQUESTS -- The Blood Transfusion Request Form -- SAMPLE** COLLECTION -- COLLECTING BLOOD THAT HAS BEEN REQUESTED --Pre-Collection Procedure -- Collection Procedure -- Receipt of Blood. COLD-CHAIN REQUIREMENTS -- PREPARATION/ADMINISTRATION --PRODUCT SPECIFICATIONS -- PRE-TRANSFUSION CHECK --ADMINISTRATION PROCEDURE -- MONITORING PROCEDURE -- WHAT TO DO IF THE PATIENTEXPERIENCES AN ADVERSEREACTION -- SAFETY -- TEST YOUR KNOWLEDGE -- Chapter 8 VENEPUNCTURE -- WHAT IS VENEPUNCTURE? -- COMMON BLOOD TESTS -- Full Blood Count --Erythrocyte Sedimentation Rate (ESR) -- C Reactive Proteins (CRP) --Liver Function Test (LFT) -- Urea and Electrolytes (U& -- E) --Partial Thromboplastin Time (aPTT) -- Prothrombin Time (PT) --International Normalised Ratio (INR) -- Calcium -- Cholesterol --Glucose -- POLICIES, PROCEDURES ANDGUIDELINES -- VICARIOUS LIABILITY -- KEEPING UPDATED -- EQUIPMENT USED FOR **VENEPUNCTURE -- WRITTEN REQUESTS -- AVAILABLE VEINS -- Vein** Anatomy -- The Ideal Vein -- The Poor Vein -- Vein Selection -- SKIN CLEANING -- ORDER OF DRAW -- LABELLING THE TUBES -- POTASSIUM AND CALCIUM -- PAEDIATRICS -- PROBLEMS ASSOCIATED WITH VENEPUNCTURE -- Needlestick Injury -- USING A TOURNIQUET --

	GUIDELINES FOR THE VENEPUNCTURE PROCEDURE TEST YOUR KNOWLEDGE Chapter 9 PERIPHERAL CANNULATION SELECTION OF AN APPROPRIATECANNULA THE PVC DEVICE APPROVED SITE VEIN SELECTION NUMBER OF ATTEMPTS SKIN PREPARATION ASEPSIS FLUSHING DOCUMENTATION PROBLEMS ASSOCIATED WITHCANNULATION REMOVING THE CANNULA TEST YOUR KNOWLEDGE Chapter 10 EARLY PATIENT ASSESSMENT AND RESPONSE SITUATION, BACKGROUND, ASSESSMENT, RECOMMENDATION (SBAR) EARLY WARNING SCORE (EWS) EARLY PATIENT ASSESSMENT ANDRESPONSE (EPAR) Airway Breathing Circulation Disability Motor Response Pupillary Assessment The Other Ds Exposure TEST YOUR KNOWLEDGE Chapter 11 INTRAVENOUSTHERAPY POSSIBLE COMPLICATIONS Cannula Occlusion/Damage Pain Embolism Drug Errors Needlestick Injury. Speed Shock/Fluid Overload/Free Flow Extravasation Infi Itration Haematoma PROCEDURE FOR THE ADMINISTRATION OF IV FLUIDS VIA GRAVITY TEST YOUR KNOWLEDGE Chapter 12 BASIC LIFE SUPPORT RESPONDING TO AN EMERGENCY EVENT The Collapsed Adult Patient The Responsive Patient The Unresponsive Patient The Patient Has a Pulse or Other Signs of Life The Patient Does Not Have a Pulse or Other Signs of Life Respiratory Arrest: if the Patient is Not Breathing but has a Pulse THE PHONETIC ALPHABET PAEDIATRIC BASIC LIFE SUPPORT TEST YOUR KNOWLEDGE Answers to Activities, Questions and "Test YOUR KNOWLEDGE Appendix 1 THE BRISTOL OBSERVATION CHART Bibliography
Sommario/riassunto	WEBSITES Index. Specifically designed for student nurses, Clinical Skills for Nurses provides a handy, portable introduction to both the knowledge and practical procedures that first year nursing students require. Giving you the knowledge behind the skill, this book will boost your confidence and competence for your clinical placements and time in the clinical skills lab. Clinical Skills for Nurses covers the skills and procedures used most frequently in clinical practice, and includes Point of Care training; blood transfusion and tracheotomy care; continence and bowel care; and early patient assessment and response. This book uniquely incorporates words of wisdom and advice from real-life student nurses; in other words: developed by students, for students! Special features: Tips, advice and words of wisdom from real-life students included throughout Pocket sized for portability on your clinical placement Clear, straightforward, and jargon-free Ties in with the NMC standards for pre-registration education and the Essential Skills Clusters Examples and questions based on real life nursing & healthcare examples.