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Nota di contenuto	Cover; Virtues and Vices in Positive Psychology; Title; Copyright; Dedication; Contents; Acknowledgements; 1 The Personal, Psychological, Philosophical, Educational and Historical Contexts of Positive Psychology; 1.1. The personal context; 1.2. The psychological context; 1.3. The philosophical context; 1.4. The educational context; 1.5. The historical context; 2 Happiness and the Virtues; 2.1. Three accounts of happiness; 2.2. Positive psychologists on happiness; 2.3. Measuring happiness; 2.4. Positive psychology's virtue project; 2.5. An individualist bias in positive psychology? 3 Personality and the Virtues3.1. Positive psychology on moral character versus personality; 3.2. Personality and the five-factor model ('the big five'); 3.3. The five-factor model: empirical evidence and some initial criticisms; 3.4. The five-factor model, morality and selfhood; 3.5. Lessons for positive psychologists; 4 Moral Ontology and the Virtues; 4.1. The positive psychologists' dilemma; 4.2. Moral

realism, anti-realism and Hume's two laws; 4.3. Social scientific manifestations of Hume's laws; 4.4. Objections to Hume's laws; 4.5. Lessons for positive psychologists

5 Moral Motivation and the Virtues 5.1. The allure of motivational internalism; 5.2. Motivational internalism-externalism and Aristotelian naturalism; 5.3. The internalism-externalism debate; 5.4. Enter Aristotle; 5.5. Lessons for positive psychologists; 6 Situations and the Virtues; 6.1. A lacuna in the positive psychology literature; 6.2. The dispositionism-situationism debate in philosophy; 6.3. The dispositionism-situationism debate in psychology; 6.4. What is there in a situation?; 6.5. Lessons for positive psychologists; 7 Conflicts, Practical Wisdom and the Virtues

7.1. Recurring Aristotelian criticisms of positive psychology's virtue theory 7.2. Aristotelian phronesis; 7.3. The special problem of emotional ambivalence; 7.4. Moral optimality, proportionality and the virtues; 7.5. Lessons for positive psychologists; 8 Positive Experiences and the Virtues; 8.1. The notion of 'positive emotions'; 8.2. Flow; 8.3. Pleasant emotions and the broaden-and-build thesis; 8.4. A test case: classroom emotions; 8.5. Lessons for positive psychologists; 9 Education and the Virtues; 9.1. The nuts and bolts of virtue education, via-style

9.2. The paradox(es) of virtue education 9.3. Resiliency and mindfulness; 9.4. Harsh criticisms of positive education; 9.5. Lessons for and from positive education; 10 Concluding Remarks; 10.1. The personal context; 10.2. The psychological context; 10.3. The philosophical context; 10.4. The educational context; 10.5. The historical context; References; Index

10.5. The historical context; References; Index

Sommario/riassunto

Positive psychology is one of the biggest growth industries in the discipline of psychology. At the present time, the subfield of 'positive education' seems poised to take the world of education and teacher training by storm. In this first book-length philosophical study of positive psychology, Professor Kristjan Kristjánsson subjects positive psychology's recent inroads into virtue theory and virtue education to sustained conceptual and moral scrutiny. Professor Kristjánsson's interdisciplinary perspective constructively integrates insights, evidence and considerations from social science and philosophy in a way that is easily accessible to the general reader. He offers an extended critique of positive psychology generally and 'positive education' in particular, exploring the philosophical assumptions, underpinnings and implications of these academic trends in detail. This provocative book will excite anyone interested in cutting-edge research on positive psychology and on the virtues that lie at the intersection of psychology, philosophy of mind, moral philosophy, education, and daily life.
