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Soggetti	Study skills Study environment
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Foreword; Introduction; Chapter 1; Chapter 2; Chapter 3; Chapter 4; Chapter 5; Chapter 6; Chapter 7; Chapter 8; Appendices; Glossary; Bibliography
Sommario/riassunto	Includes CD-Rom There are many 'Do-it-Yourself' manuals for students and young people experiencing study skills problems. However, if this group of young people could study these books then they would already have the skills necessary! In order to use a self help manual the student needs internal motivation, the ability to self-instruct from text and the ability to put the learned strategy into place... but these are the same attributes that these students find difficult. In this book, Pat Guy provides a series of lesson plans making up a taught study skills course for seconda