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Titolo	The Artichoke Trail : a guide to vegetarian restaurants, organic food stores & farmers' markets in the US // [James Bernard Frost]
Pubbl/distr/stampa	Edison, N.J., : Hunter, c2000
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Descrizione fisica	1 online resource (422 pages)
Disciplina	647.9573
Soggetti	Vegetarian restaurants - United States Natural food restaurants - United States Natural foods - United States Farmers' markets - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Preliminaries; About the Author; Contents; Introduction; The Northeast; The Southeast; The South; The Midwest; The Southwest; The Northwest; The West; Alaska & Hawaii; Farmers' Markets; Glossary
Sommario/riassunto	The ultimate tool for mobile vegetarians, vegans and travelers looking for a good, healthy meal. Over 1,000 restaurants are described, with hundreds featured in great detail and reviewed using the unique Artichoke Trail rating system. Food stores and markets serving the vegetarian community are also listed, as well as facts and interesting tidbits that health-minded individuals will appreciate. You'll find everything from hamburger joints with a superb garden burger option to gourmet raw food restaurants that adhere to strict vegan standards.