Record Nr. UNINA9910822607603321 Autore Carlstedt Roland A Titolo Critical moments during competition: a mind-body model of sport performance when it counts the most // Roland A. Carlstedt New York, : Psychology Press, 2004 Pubbl/distr/stampa **ISBN** 1-135-43226-0 1-135-43227-9 1-280-28160-X 9786610281602 0-203-48586-6 Edizione [1st ed.] Descrizione fisica 1 online resource (224 p.) Disciplina 796.01 Sports - Psychological aspects Soggetti Achievement motivation Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references (p. 233-253) and index. Nota di contenuto Book Cover; Half-title; Title; Copyright; Contents; About the author; Foreword: Acknowledgements: Section I. Theoretical Foundations: 1 Introduction; 2 The Theory of Critical Moments; 3 The High-Risk Model of Threat Perception: 4 Primary Higher Order Predictor Variables: Effects on Athletes and Performance; 5 Neuropsychophysiological Concomitants of Primary Higher Order Factors; Section II. Emerging Evidence; 6 Emerging Evidence: Introduction; 7 Statistical and Empirical **Implications** 8 Psychophysiological Concomitants of Primary Higher Order Factors and the Athlete's Profile: Ambulatory PsychophysiologySection III. Applied Sport Psychology: Assessing and Mastering Critical Moments; 9 Assessing Critical Moments; 10 Toward a Global Physiological Marker of Psychological Performance and Critical Moments during Competition: Assessing Zone or Flow States; 11 Assessing and Predicting Psychological Performance during Critical Moments on the Basis of Psychophysiological Stress Testing: A Case Study; 12 Mastering Sommario/riassunto This book presents first-time research findings and new empirically-

based perspectives and applications in sport psychology.