

1. Record Nr.	UNINA9910822538703321
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Titolo	Complementary and alternative medicine and multiple sclerosis // Allen C. Bowling
Pubbl/distr/stampa	New York, : Demos, c2007
ISBN	1-281-97512-5 9786611975128 1-934559-53-9
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (304 p.)
Altri autori (Persone)	BowlingAllen C
Disciplina	616.8/3406
Soggetti	Multiple sclerosis - Alternative treatment Multiple sclerosis - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Rev. ed. of: Alternative medicine and multiple sclerosis. c2001.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Foreword; Preface; Organization of Chapters and Reading Sequence; Acknowledgments; Part 1 Complementary and Alternative Medicine; Part 2 Types of Therapy; Part 3 A Five-Step Approach: Integrating Conventional and Unconventional Medicine; Appendix: Summary of the Effects of Popular Dietary Supplements; References; Index
Sommario/riassunto	The first edition of Alternative Medicine and Multiple Sclerosis quickly became the single source for accurate and unbiased information on a wide range of complementary and alternative medicine (CAM) approaches that can aid both in the management of multiple sclerosis symptoms and in promoting general health and wellness. The second edition of this authoritative book continues to offer reliable information on the relevance, safety, and effectiveness of various alternative therapies.