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Sommario/riassunto	Emotion is something we all talk about in everyday conversations, and studies make an implicit assumption that emotions are 'out there' or 'in there', somewhere in psychological reality waiting to be isolated and dissected. Brian Parkinson looks at emotion in encounters between people, expressed in gesture and movement, talk and silence. He presents a clear and concise overview of state-of-the-art research into emotion focusing on cognitive appraisal, bodily changes, action tendencies and expressive displays.