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Sommario/riassunto	This life story of Kailash Puri, a Punjabi author and advice columnist, connects the narrative of her life to the history of Punjabi diaspora and themes in Sikh studies. Beginning with her memories of childhood in West Punjab, the work evokes the rural customs and religious practices consistent with recent scholarship on Punjabi religion rather than with the currently dominant Sikh discourse of a religion sharply distinguished from Hindu society. An arranged marriage at the age of 15 to scientist Gopal Puri brought Kailash ever-widening horizons as they moved from India to London.