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Nota di contenuto	Cover Page; About the Author; Title; Copyright; Dedication; Contents; Foreword by Scott D. Miller; Preface; Acknowledgements; Part I: Basics and Principles of the Approach; Chapter 1 Establishing the Context; Chapter 2 Guiding Principles of Practice; Chapter 3 Engaging and Motivating Families; Chapter 4 Becoming Child and Adolescent Centred; Chapter 5 The Structure of a Strengths-based Session; Chapter 6 Constructive Understanding - Formulation and Diagnosis; Part II: Specific Solutions and Applications; Chapter 7 Strength in Numbers - Parenting Groups Chapter 8 Groupwork with Children and Adolescents Chapter 9 Pausing at Solutions - Strengths-based Video Feedback (co-authored with Grainne Hampson and Mary Fanning); Chapter 10 Defeating Temper - A Case Study; Part III: Some Challenging Contexts; Chapter 11 Working with Suicidal Adolescents (co-authored with Melissa Darmody and Brendan Madden); Chapter 12 Working with Child Abuse and Neglect (co-authored with Declan Coogan); Epilogue; References; Index
Sommario/riassunto	This book describes an innovative approach to therapeutic work which builds on the strengths of children and their parents. Helping clients to

focus on potential solutions rather than problems can be a powerful means of engaging them in the therapeutic process.
