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Nota di contenuto	""Cover""; ""Title""; ""Copyright""; ""Dedication""; ""Epigraph""; ""Contents""; ""Foreword""; ""Acknowledgments""; ""Introduction: The Girl With Two Heads""; ""Chapter 1 The Real Facts About Twins""; ""Chapter 2 Unique Developmental Processes in Twins: Implications for Psychotherapy and Parenting""; ""Chapter 3 Always Close but Never One: Anxiety and Depressive Disorders in Twins""; ""Chapter 4 Understanding Conflicting Attachments in Twins: The Resolution of Major Depressive Disorders""; ""Chapter 5 a€œReala€? Differences Between Twins and Identity Development"" ""Chapter 6 Looking at and Reactingto the Twin Attachment""""Chapter 7 What Is Lost When a Twin Dies?""; ""Chapter 8 Once a Twin, Always a Twin: Implications for Psychotherapy""; ""Chapter 9 Alone in the Mirror""; ""Bibliography""; ""Index""
Sommario/riassunto	Alone in the Mirror: Twins in Therapy chronicles the triumphs and struggles of twins as they separate from one another and find their individuality in a world of non twins. The text is grounded in issues of

attachment and intimacy, and is highlighted by Dr. Barbara Klein's scholarly research, clinical experiences with twins in therapy, and her own identity struggles as a twin, all of which allow her to present insights into the rare, complicated, and misunderstood twin identity. She presents psychologically-focused real life histories, which demonstrate how childhood experiences shape the twin

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