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| Titolo | Through windows of opportunity : a neuroaffective approach to child psychotherapy // by Marianne Bentzen |
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| ISBN | 0-429-92301-5 0-429-90878-4 0-367-10290-0 0-429-48401-1 1-78241-320-0 |
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| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | COVER; CONTENTS; ABOUT THE AUTHORS; FOREWORD; Introduction; CHAPTER ONE The importance of present moments; CHAPTER TWO Neuroaffective developmental psychology: a "map" for understanding child psychotherapy; CHAPTER THREE The autonomic compass and somatic experiencing; CHAPTER FOUR The limbic compass and Theraplay; CHAPTER FIVE The prefrontal compass and developmentally supportive conversations with children; CHAPTER SIXThe second growth spurt and multifamily mentalization-based therapy; CHAPTER SEVEN The therapist in the role of caravan leader CHAPTER EIGHT Enacting the child's feelings in the psychotherapeutic processCHAPTER NINE Magic and transformation; CHAPTER TEN Emotions, words, and mentalization; CHAPTER ELEVEN Parental involvement; CHAPTER TWELVE Closing remarks; REFERENCES; INDEX |
| Sommario/riassunto | Research has shown that nonspecific factors such as relationship and personality have a stronger correlation to outcome than method. The basic argument of Through Windows of Opportunity is that skilled |

psychotherapists do similar things while describing them differently, and that psychological healing is created in the context of relationship. This book presents the work of four therapists: Peter Levine from the USA (working with with Somatic Experiencing on trauma states); Jukka Makela from Finland (with Theraplay, working with disorganized attachment); Haldor Ovreeide from Norway (with a therapeutic conversation in a disrupted son-mother dyad); and Eia Asen from the London Marlborough Clinic (with systemic and mentalization-based family therapy working on a dependent attachment pattern) The closing chapters of the book summarize the high points of the discussions among the four therapists about nonspecific but shared aspects of their interventions, moderated by Susan Hart and Marianne Bentzen.
