

1. Record Nr.	UNINA9910821849703321
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Titolo	Turning point : the myths and realities of menopause / / C. Sue Furman
Pubbl/distr/stampa	New York, New York ; ; Oxford, [England] : , : Oxford University Press, , 1995 1995
ISBN	9786610529476 1-4237-3679-6 0-19-535430-3 1-60256-195-8
Descrizione fisica	1 online resource (224p.)
Disciplina	618.1/75
Soggetti	Menopause Middle-aged women - Health and hygiene
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Originally published: 1995.
Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	The menopause has become a major health issue and women are demanding more information. This book explains the biology of the menopause in straightforward everyday terms and offers women a clear picture of the process, symptoms and treatments.