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Titolo	101 coaching strategies and techniques // edited by Gladeana McMahon and Anne Archer
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Edizione	[1st ed.]
Descrizione fisica	1 online resource (325 p.)
Collana	Essential Coaching Skills and Knowledge
Altri autori (Persone)	McMahonGladeana <1954-> ArcherAnne <1960->
Disciplina	158.3 658.3124
Soggetti	Personal coaching Executive coaching Counseling - Practice
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Book Cover; Title; Copyright; Contents; List of figures and tables; List of Contributors; Introduction; A Confidence building; B Developing as a coach; C Developing specific skills and strategies; D Focusing on the future; E Group coaching; F Problem solving and creativity; G Relationships; H Self awareness; I When a client gets stuck; The future; Additional reading materials
Sommario/riassunto	101 Coaching Strategies and Techniques provides focused, practical strategies to help the coach with their work. Each point provides a detailed explanation of the strategy together with potential pitfalls and solutions. Contributors from a range of coaching backgrounds are brought together to cover a number of issues faced by professional coaches including: confidence building developing specific skills and strategies group coaching problem solving and creativity self awareness the stuck client. 101 Coach

