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Sommario/riassunto	Contemplative pedagogy is a way for instructors to:empower students to integrate their own experience into the theoretical material they are being taught in order to deepen their understanding;help students to develop sophisticated problem-solving skills;support students' sense of connection to and compassion for others; and engender inquiries into

students' most profound questions. Contemplative practices are used in just about every discipline—from physics to economics to history—and are found in every type of institution. Each year more and more
