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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Commentary: The Women's Health Initiative Clinical Study; Contents; 1. Why do women have menopause?; 2. What are the signs of menopause?; 3. What is menopausal hormone therapy?; 4. Why should women consider hormone therapy?; 5. Risk-benefit ratio: Making the choice; 6. Can HT protect brain function and prevent Alzheimer's disease?; 7. Does the approach of menopause mean the end of fertility?; 8. Herbal products for menopause; 9. Can phytoestrogens, antioxidants, and vitamins replace HT?; 10. Sex and the aging woman; 11. What is the status of designer estrogens? 12. Is there a "male menopause"?13. Is testosterone the only androgen the body produces?; 14. Why should men consider androgen supplementation therapy?; 15. What are the AST choices for men?; 16. The first designer androgen for men; 17. Can men safely use AST?; 18. Should aging men use nonprescription androgens?; 19. Sex and the

aging man; 20. Can AST help brain function in aging men?; Questions about menopause; Questions about andropause; Glossary of terms; References; Index

Sommario/riassunto

From distinguished figures in fertility and reproduction research, this book answers common questions about menopause and andropause, and hormone resupplement therapy for menopausal women. It offers information about benefits, risks, and prospects for this field. It also covers the climacteric in men, and gives treatment for andropause.
