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Altri autori (Persone)	GlasserPaul H
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Nota di contenuto	Cover; Contents; Dedication; Introduction: On Writing About the First Helping Interview; Chapter 1 - What Makes Therapy Happen?; Chapter 2 - Who Are Our Clients?; Chapter 3 - Getting Started; Chapter 4 - Getting to Know the Client; Chapter 5 - Communication Dynamics of the Helping Interview; Chapter 6 - On Rules, Goals and Contracts; Chapter 7 - Trust; Chapter 8 - Special Issues in Working With Couples and Families; Chapter 9 - Working With Clients Who Are Different; Chapter 10 - Serious Problems: When and How to Refer; Chapter 11 - Legal and Ethical Issues in the First Helping Interview Chapter 12 - AfterthoughtsReferences; Index; About the Authors
Sommario/riassunto	This highly practical guide for both experienced and novice professionals and students reveals the steps involved in the crucial first meeting with a client. The authors approach the task of an initial interview by providing an overview of the therapeutic process and what to expect from clients. The book also explores the practical basics of therapy - counsellor-client roles, physical settings, communication dynamics, assessment and diagnosis, record-keeping, goals and

contracts and trust-building. Individual chapters discuss specialist topics such as working with couples and families, the rol
