Record Nr. UNINA9910821170403321 Autore Rabin Claire Low Titolo Equal partners - good friends: empowering couples through therapy / / Claire Rabin Pubbl/distr/stampa London;; New York,: Routledge, 1996 **ISBN** 1-134-81938-2 1-134-81939-0 1-280-32067-2 9786610320677 0-203-42940-0 Edizione [1st ed.] Descrizione fisica 1 online resource (295 p.) Disciplina 616 616.89/156 Soggetti Marital psychotherapy Man-woman relationships Sex role Dominance (Psychology) Communication in marriage Equality Friendship Marriage - Psychological aspects Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references (p. [264]-271) and index. Nota di bibliografia Nota di contenuto Book Cover; Title; Contents; Acknowledgements; Introduction: a change in perspective: Gender, power and contemporary relationship tension: The egalitarian alternative. What is it? Is it worth the effort?; Friendship: the basic condition of equal partnership; Shared power: the road to mutual empowerment; Towards an integrative model of treatment goals for couples; Assessment; Types of couples seeking therapy; Creating an egalitarian therapeutic system; The treatment model: individual interventions and education about equality; Couple interventions

Treatment of the traditional couple: putting the wife in

chargeTreatment of the transitional couple: overt and covert power

Sommario/riassunto

struggles; Issues in training and supervision; Notes; Bibliography; Index

Marriage as an equal partnership is the goal of amny couples in the western world today and yet equality is often limited by the ways that power and gender interact in the relationship, leading to dissatisfaction and ultimately the break up of the marriage. In Equal PArtners - Good Friends Claire Rabin examines the connection between inequality in marriage and marital distress. Drawing on extensive research and personal interviews in the UK, USA and Israel, she stresses the role of friendship in establishing a truly equal relationship. Focusing on issues of gender, sex roles and power