

1. Record Nr.	UNINA9910467370003321
Autore	Nickanor Ndeyapo M.
Titolo	Food Security in Africa's Secondary Cities: No : The Oshakati-Ongwediva-Ondangwa Corridor, Namibia / . No. 2 The Oshakati-Ongwediva-Ondangwa Corridor, Namibia // Ndeyapo Nickanor, Lawrence Kazembe and Jonathan Crush The Oshakati-Ongwediva-Ondangwa Corridor, Namibia / . No. 2
Pubbl/distr/stampa	[Cape Town, South Africa] : , : African Food Security Urban Network (AFSUN), , 2019 Baltimore, Md. : , : Project MUSE, , 2019 ©2019
ISBN	1-920597-40-9
Descrizione fisica	1 online resource (57 pages)
Collana	Urban food security series ; ; no. 28
Disciplina	363.8096881
Soggetti	Food security - Namibia - Ondangwa Food security - Namibia - Ongwediva Food security - Namibia - Oshakati Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Secondary urbanization in Namibia -- Methodology -- Household characteristics -- Poverty and livelihoods -- Household food security -- household food sources -- Household agriculture.
Sommario/riassunto	This is the first research report to examine the nature and drivers of food insecurity in the northern Namibian towns of Oshakati, Ongwediva, and Ondangwa. As well as forming part of a new body of research on secondary urbanization and food security in Africa, the report makes systematic comparisons between the food security situation in this urban corridor and the much larger capital city of Windhoek. A major characteristic of urbanization in Namibia is the perpetuation of rural-urban linkages through informal rural-to-urban food remittances. This survey found that 55% of households in the three towns receive food from relatives in rural areas. Urban households also farm in nearby rural areas and incorporate that

agricultural produce into their diets. The survey showed that over 90% of households in the three towns patronize supermarkets, which is a figure far higher than for any other food source. Overall, food security is better in Namibia's northern towns than in Windhoek, where levels of food insecurity are particularly high. However, just because the food insecurity situation is less critical in the north, the majority of households in the urban corridor are not food secure. Like Windhoek, these towns also have considerable income and food security inequality, with households in the informal settlements at greatest risk of chronic food insecurity.

2. Record Nr.	UNINA9910821124303321
Autore	Sutton Sarah
Titolo	Being taken in : the framing relationship // by Sarah Sutton
Pubbl/distr/stampa	Boca Raton, FL : , : Routledge, an imprint of Taylor and Francis, , [2018] ©2014
ISBN	0-429-91130-0 0-429-89707-3 0-429-47230-7 1-78241-181-X
Edizione	[1st ed.]
Descrizione fisica	1 online resource (161 p.)
Disciplina	362.782042
Soggetti	Mentally ill children - Family relationships Mother and infant - Psychological aspects Child psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; INTRODUCTION; CHAPTER ONE The framing relationship; CHAPTER TWO Researching psychotherapy; CHAPTER THREE Learning the body language; CHAPTER FOUR Changing minds; REFERENCES; INDEX
Sommario/riassunto	Why is love not enough for children whose early lives have been disturbing? What makes it so hard for such children to make the most

of new relationships? How can we help children whose minds are adapted to adversity take in new experience? In the new era of brain research, neuroscience shows the way ahead. *Being Taken In* looks at the neuroscience showing how the mother/infant framing relationship wires in our way of understanding the world, and sets a navigation system, complete with built-in danger alerts. For disturbed children, these danger alerts are everywhere, and can even be triggered by the caregiver themselves. This makes the world a disturbing place, not just in the past, but right now. This book applies neuroscience and child development research to clinical practice, and points to emotional regulation through attunement and reflexivity as key factors in effecting change.
