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Sommario/riassunto	Why is love not enough for children whose early lives have been disturbing? What makes it so hard for such children to make the most of new relationships? How can we help children whose minds are adapted to adversity take in new experience? In the new era of brain research, neuroscience shows the way ahead. Being Taken In looks at the neuroscience showing how the mother/infant framing relationship wires in our way of understanding the world, and sets a navigation system, complete with built-in danger alerts. For disturbed children, these danger alerts are everywhere, and can even be triggered by the caregiver themselves. This makes the world a disturbing place, not just in the past, but right now. This book applies neuroscience and child development research to clinical practice, and points to emotional regulation through attunement and reflexivity as key factors in effecting change.

