Record Nr. UNINA9910821082203321 Autore Blando John Titolo Counseling older adults / / John Blando Pubbl/distr/stampa New York, : Routledge, 2010 **ISBN** 1-135-85408-4 1-283-04598-2 9786613045980 0-203-89340-9 Descrizione fisica 1 online resource (442 p.) Disciplina 362.6/6 Soggetti Older people - Counseling of Older people - Psychology Aging Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Book Cover; Title; Copyright; Contents; Preface; Acknowledgments; About the Author; Chapter 1 Theories of Aging and Later Life Development; Chapter 2 Attending and Listening Skills in Work With Older Adults; Chapter 3 Stages of Counseling Older Adults; Chapter 4 Psychodynamic and Existential Foundations in Counseling Older Adults; Chapter 5 Transference and Other Counseling Processes With Older Adults: Chapter 6 Approaches to Counseling Older Adults: Chapter 7 The Culture and Context of Old Age; Chapter 8 Spirituality and Counseling Older Adults Chapter 9 Multicultural Gerontological CounselingChapter 10 School. College, and Career Counseling and Older Adults: Grandparenting, Reentry Students, and Retirement; Chapter 11 Health and Rehabilitation Counseling With Older Adults: Chapter 12 Alzheimer's Disease and Other Dementias; Chapter 13 Family Issues in Counseling Older Adults; Chapter 14 Psychological Issues in Community and Mental Health

Sommario/riassunto

"Counseling older adults is not equivalent to counseling the general population, and specialized skills and knowledge, as well as sensitivity

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to the contexts in which older adults live, are essential in working successfully with this population. This book provides an introduction to gerontological counseling, covering theories of aging (including a theory of gerontological counseling) and their practical application in counseling work with older adults; basic counseling skills and the counseling process in the context of work with older adults; contextual factors (race-ethnicity, social class, etc.); and a discussion of social justice issues. Also considered are biopsychosocial-spiritual contexts of older adults, as well as the counseling skills and process interventions that maximize counseling success within these contexts."

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