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Sommario/riassunto

In this ground-breaking exploration, Eva Fiendler investigates how and why anger is viewed as a secondary emotion by most clinical theories and practitioners and seeks to answer the following questions: * What are anger-related disorders? * What do they have in common and how are they different? * How do we treat the various anger-related disorders? Drawing on one case study, top-notch contributors each present a different method of treatment for anger related disorders. By taking in to consideration the variety of perspectives and treatments available for anger related disorders, this book pr
