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Sommario/riassunto	Michael Mucz's prolonged primary research into Ukrainian-Canadian folk history culminates in Baba's Kitchen Medicines. This book bursts with the cultural memory of pioneering folk from Canada's prairieland. From fever to frostbite, this incomparable compendium of tinctures, poultices, salves, decoctions, infusions, plasters, and tonics will fascinate and often mortify readers from all walks of life. The comprehensiveness of Mucz's research and interviews framed with deftly painted historical, cultural, and botanical backgrounds guarantee that this chapter of the Canadian story will continue to be told for generations to come. It is a deep, charming, and often moving work of intricate anthropology that will stir scholar and non-specialist alike.