

1. Record Nr.	UNINA9910820904503321
Titolo	Handbook of sports medicine and science: canoeing // edited by Don McKenzie, Bo Berglund
Pubbl/distr/stampa	Hoboken, New Jersey ; ; Chichester, West Sussex, England : , : International Canoe Federation : , : Wiley Blackwell, , 2019
ISBN	1-119-09722-3 1-119-09721-5 1-119-09719-3
Descrizione fisica	1 online resource (238 pages)
Collana	Handbook of sports medicine and science THEi Wiley ebooks
Disciplina	797.122
Soggetti	Canoes and canoeing
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Biomechanics and equipment / Barney Wainwright -- The canoe/kayak athlete / P. Lundstrom, Jorunn Sundgot-Borgen, and Don McKenzie -- Physiology of canoeing / Hans Rosdhal, Jose Calbet, A. William Sheel, and Robert Boushel -- Sport psychology for canoe and kayak / Penny Werthner -- Training for canoeing / Martin Hunter and Sylvain Curinier -- Medical problems in canoeing and kayaking / Bo Berglund -- Orthopaedic injuries in canoeing / Jozsef Dobos -- Paracanoes / John Edwards, Anna Bjerkefors, Johanna Rosen, and Olga Tarassova -- Exercise performance in masters canoeing athletes / Bo Berglund -- Diversity in canoe sport / Don McKenzie and Kari-Jean McKenzie.