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	Nota di contenuto	Introduction / Mikko Salmela and Verena Mayer pt. I. Authenticity, emotions, and the self Self-love and the structure of personal values / Bennett W. Helm The self of shame / Julien A. Deonna and Fabrice Teroni Authenticity and self-governance / Monika Betzler pt. II. Ramifications of emotional authenticity Picturing the authenticity of emotions / Felicitas Kraemer Status, gender, and the politics of emotional authenticity / Leah R. Warner and Stephanie A. Shields How to be "emotional"? / Verena Mayer Authenticity and occupational emotions : a philosophical study / Mikko Salmela pt. III. Emotional authenticity in ethics and moral psychology Is emotivism more authentic than cognitivism? : some reflections on contemporary research in moral psychology / Craig M. Joseph Emotional authenticity as a central basis of moral psychology / Ralph D. Ellis Authentic emotions as ethical guides? : a case for scepticism / Helena Flam Emotional optimality and moral force / Kristjan Kristjansson.
	Sommario/riassunto	The relationship of emotions, ethics, and authenticity constitutes a nexus of philosophical and psychological problems with wide interdisciplinary relevance. What is the proper role of emotions in moral behavior and theory; are emotions reliable guides to our authentic

personal values; and finally; what does it mean to be authentic in one's emotions, assuming that there is such thing as emotional authenticity in the first place? The various contributions of this book seek to answer these vexing but rarely discussed questions, offering a broad intellectual tour that ranges from philosophy to ps.