Record Nr. UNINA9910820780103321 Autore Pichot Teri Titolo Animal-assisted brief therapy: a solution-focused approach / / Teri **Pichot** New York, N.Y.:,: Routledge,, 2012 Pubbl/distr/stampa **ISBN** 1-136-82502-9 1-280-66153-4 9786613638465 0-203-83082-2 1-136-82503-7 Edizione [2nd ed.] Descrizione fisica 1 online resource (313 p.) Classificazione PET000000PSY000000PSY036000 Disciplina 615.8515 616.891658 Soggetti Pets - Therapeutic use Animals - Therapeutic use Solution-focused brief therapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references and index. Nota di bibliografia Nota di contenuto Cover; Animal-Assisted Brief Therapy: A Solution-Focused Approach; Copyright; Dedication; Contents; Foreword: A Dog's Tail Never Lies; Acknowledgments; Introduction; CHAPTER 1: The Basics of Animal-Assisted Activities/Therapy (AAA/T); CHAPTER 2: The Solution-Focused Basics; CHAPTER 3: What Every Therapist Needs to Know About Dogs Before Partnering With One in AAA/T; CHAPTER 4: How to Create a Successful AAA/T Program for Your Setting; CHAPTER 5: Using AAA in Solution-Focused Treatment Settings; CHAPTER 6: Using a Therapy Dog in Solution-Focused Therapy Treatment Sessions CHAPTER 7: Applying AAA/T to Special PopulationsCHAPTER 8: Using Animal-Assisted Activities With Employees and Agencies; CHAPTER 9: The Gift of the Imperfect Dog; CHAPTER 10: Unexpected Lessons Learned; Epilogue; Bibliography; Appendix A: AAA/T Resources and Information; Appendix B: Sample Policy and Procedure; Index "This book provides a comprehensive look at AAA/T and is perfect for Sommario/riassunto

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"This book provides therapists with concrete examples of how to appropriately implement Animal Assisted Activities/Therapy (AAA/T) to cultivate positive effects in treatment. It explains how this loving and patient therapy for clients need not be the difficult challenge that it at first appears to be. This resource takes you step by step through the process, showing what practical strategies can be used to offset most obstacles and unknowns. This one-of-a-kind guide clearly explains how to blend and structure the numerous aspects of AAA/T with Solution Focused Therapy to become a more effective treatment program. Appendices provide AAA/T resources, sample policy and procedures, and training resources across the United States.
Animal-Assisted Brief Therapy: A Solution-Focused Approach provides a comprehensive look at AAA/T and is perfect for therapists struggling to find new and effective ways to work with clients; therapists trying to utilize this approach in their practice; administrators and clinical supervisors wanting to implement AAA/T at their agency; educators; and students"--