

1. Record Nr.	UNINA9910820614303321
Titolo	Advocacy for mental health : mental health policy and service guidance package
Pubbl/distr/stampa	Geneva, : World Health Organization, 2003
ISBN	92-4-068005-5 1-280-54264-0 9786610542642
Edizione	[1st ed.]
Descrizione fisica	71 p
Collana	Mental health policy and service guidance package Advocacy for mental health
Disciplina	362.2
Soggetti	Mental health services Mentally ill Patient advocacy Mental health policy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
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planners -- 5.2 Division and friction between different mental health advocacy groups -- 5.3 Resistance and antagonism from general health workers and mental health workers -- 5.4 Very few people seem interested in mental health advocacy -- 5.5 Confusion about the theories and rationale of mental health advocacy -- 5.6 Few or no consumer groups, family groups or nongovernmental organizations dedicated to mental health advocacy -- 6. Recommendations and conclusions -- 6.1 Countries with no advocacy groups -- 6.2 Countries with few advocacy groups -- 6.3 Countries with several advocacy groups -- Definitions -- Further reading -- References.

Sommario/riassunto

Mental health advocacy is a relatively new concept, developed with a view to reducing stigma and discrimination, and promoting the human rights of people with mental disorders. It consists of various actions aimed at changing the major structural and attitudinal barriers to achieving positive mental health outcomes in populations. This module draws attention to the importance of advocacy in mental health policy and service development. The roles of various mental health groups in advocacy are outlined. Practical steps are then recommended, indicating how ministries of health can support advocacy.
