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| Autore                  | Hardin Kimeron N   |
| Titolo                  | Queer blues : the lesbian & gay guide to overcoming depression // Kimeron Hardin, Marny Hall   |
| Pubbl/distr/stampa      | Oakland, Calif., : New Harbinger Publications, c2001   |
| ISBN                    | 1-60882-597-3  |
| Edizione                | [1st ed.]  |
| Descrizione fisica      | 1 online resource (237 p.)   |
| Disciplina              | 306.766  |
| Soggetti                | Gay men - Psychology<br>Lesbians - Psychology<br>Gay men - Mental health<br>Lesbians - Mental health<br>Depression, Mental   |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references.   |
| Nota di contenuto       | Contents; Foreword; Introduction; 1. Shades of Blue: What Depression Is and Isn't; 2. Blue Passages: How Society Contributes to Depression for Lesbians and Gays; 3. Blue Genes: Internal Contributions to Depression; 4. Blue Portraits: Queer Stories; 5. Tips for Main Squeezes: How to Cope with a Depressed Partner; 6. Monitoring the Minotaur: Self-Management and Self-Nurturing; 7. Queer Psychotherapy: The Talking Cure; 8. Medications and Other Biological Treatments: Queer Psychiatrists Speak Out; 9. Befriending the Black Dog: Putting It All Together; Resources for Support and Information<br>References<br>About the Authors |
| Sommario/riassunto      | The authors of The Lavender Couch and The Chronic Pain Control Workbook present a guide dealing with depression geared specifically to gays and lesbians.  |