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Nota di contenuto	Contents; 1. About Emotion; 2. Issues of Research, Classification, and Measurement; 3. The Person-Environment Relationship, Motivation, and Coping; 4. Cognition and Emotion; 5. Issues of Causality; 6. Goal Incongruent (Negative) Emotions; 7. Goal Congruent (Positive) and Problematic Emotions; 8. Individual Development; 9. Social Influence; 10. Emotions and Health; 11. Implications for Research, Assessment, Treatment, and Prevention; References; Author Index; Subject Index
Sommario/riassunto	This work aims to provide a complete theory of the emotional processes, explaining how different emotions are elicited and expressed, and how the emotional range of individuals develops over their lifetime.