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Nota di contenuto	Front Cover -- Title Page -- Copyright Page -- Table of Contents -- Introduction -- Chapter One - Wounded Warrior -- Chapter Two - Chemistry -- Chapter Three - Spiritus Contra Spiritum -- Chapter Four - Psychedelic Spirituality -- Chapter Five - Science of Mind -- Chapter Six - Dying with Consciousness -- Chapter Seven - Psychedelic Medicine -- Chapter Eight - Mdma on the Mountaintop -- Chapter Nine - False Starts and Dashed Hopes -- Chapter Ten - Mindsets and Minefieldss -- Chapter Eleven - Vine of the Soul -- Chapter Twelve - Into the Jungle -- Chapter Thirteen - Ibogaine at the Crossroads -- Conclusion - Back to the Future -- Epilogue -- Acknowledgements -- Bibliography -- About The Author.
Sommario/riassunto	Changing Our Minds tells you everything that you ought to know about the multi-faceted paradigm of psychedelic research and spiritual practices.