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Descrizione fisica	1 online resource (273 pages) : illustrations, tables
Disciplina	613.62
Soggetti	Truck drivers - Health and hygiene - United States Truck driving - Research - United States - Physiological aspects Commercial vehicles - Research - United States - Safety measures
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Summary -- Introduction -- The truck and bus industries -- Consequences of fatigue from insufficient sleep -- Hours-of-service regulations -- Current research data and methods: Data sources -- Research methodology and principles: assessing causality -- Current research findings: Fatigue, hours of service, and highway safety -- Fatigue and health and wellness -- Technological countermeasures for and corporate management of fatigue -- Research directions: -- Research directions for fatigue and highway safety -- Research directions for studying the impact of fatigue on commercial motor vehicle drivers' health and wellness -- Glossary -- References -- Appendix: Biographical sketches of panel members and staff -- Committee on National Statistics.
Sommario/riassunto	Introduction -- Part I. Background. The trucking and bus industries -- Consequences of fatigue from insufficient sleep -- Hours-of-service regulations -- Part II. Current research data and methods. Data sources -- Research methodology and principles : assessing causality -- Part III. Current research findings. Fatigue, hours of service, and highway

safety -- Fatigue and health and wellness -- Technological countermeasures for and corporate management of fatigue --Part IV. Research directions. Research directions for fatigue and highway safety -- Research directions for studying the impact of fatigue on commercial motor vehicle drivers' health and wellness -- Appendix. Biographical sketches of panel members and staff.
