

1. Record Nr.	UNINA9910820179103321
Autore	Londergan Betty
Titolo	The agony and the agony : raising your teenager without losing your mind // Betty Londergan
Pubbl/distr/stampa	Cambridge, MA, : Da Capo Press, 2008
ISBN	0-7867-2685-7
Edizione	[1st Da Capo Press ed.]
Descrizione fisica	1 online resource (267 p.)
Disciplina	649/.125
Soggetti	Child rearing Parenting Parent and teenager
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Contents; Introduction: Welcome to Agony; Stage 1: Denial; 1 First Signs of Adolescence and Other Horrors; 2 Mouth and Lip Disorders of Early Adolescence; 3 Impending Assaults on Parental Sanity; Stage 2: Anger; 4 The Minefields; 5 Oh, the Sneaky, Underhanded Things They'll Do; 6 Coping Mechanisms; Stage 3: Depression; 7 "Worst-Case Scenario" Is Sugarcoating It; 8 Why Bother?; 9 Lights at the End of the Tunnel; Stage 4: Bargaining; 10 Ground Rules: You Versus Them; 11 Hurdles on the Track to Consensus; 12 How to Quid-Pro-Quo Like a Pro; Stage 5: Acceptance; 13 Blinding Flashes of the Obvious 14 The Beauty of Perspective15 The Promised Land; Acknowledgments; Index
Sommario/riassunto	Serving up more attitude than a grounded 15-year-old, a laugh-out-loud, true-to-life guide to surviving your teen's surly, slothful, sassy adolescence