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Nota di contenuto	Introduction: the making of a myth: strength to survive -- From myth to model: contexts for communicating and situating strength -- Socialized to be strong: messages for success and survival -- From the "South Side": the strength of Michelle Obama -- Resist and redefine: a new discourse of strength on black feminist blogs -- Self-care for strong sistas: an oxymoron? -- Conclusion: black girl magic has limits: repurposing strength for self care.