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Titolo	Understanding pain : what it is, why it happens, and how it's managed / / Harry J. Gould, III
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Nota di bibliografia	Includes bibliographical references (p. 135-141) and index.
Nota di contenuto	Pain defined: what are we treating? -- The evaluation: what should I tell my doctor? -- The multidisciplinary approach: the best way to treat my pain -- The anatomy of pain: the basis for selecting treatment options -- Nonpharmacologic options for pain management -- Pharmacological options in pain management: nonopioid analgesics -- Pharmacological options in pain management: opioid analgesics -- Opioid analgesics: myth versus benefit -- Pharmacological options in pain management: adjuvant medications -- Pharmacological options in pain management: dosing and alternate routes of administration -- Invasive options and when to consider them -- Age and sex: special considerations for pain management.
Sommario/riassunto	This book will help patients understand the multifaceted nature of pain and the range of treatment options available for its management. It will also enable them to communicate more effectively with their doctors and other healthcare providers. This latest volume in the American Academy of Neurology Press Quality of Life Guide series is an essential tool for all individuals coping with chronic pain, caregivers, and allied healthcare professionals.

