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Nota di contenuto	Contents; Introduction; 1 What Is Late-Life Depression?; 2 Geriatric Mood Disorders; 3 Diagnosis for Depression in Later Life; 4 Traditional Treatments for Depression in Later Life; 5 Holistic Approaches to Depression in Later Life; 6 How to Maintain Success in Treatment; 7 Suicide in Later Life; 8 What to Expect Should You Need Hospitalization; 9 Conscious Aging with Depression in Later Life; 10 Long-Term Care and Late-Life Depression; 11 15 Late-Life Depression Myths Everyone Should Know; Appendix A: Depression Screening Questionnaire; Appendix B: Current Medications and Supplements Appendix C: Healthcare Team Contact Information Appendix D: Side Effects Checklists for Seniors; Appendix E : Resources; Appendix F: High-Profile People with Mood Disorders; Notes; Glossary; Index; About the Author
Sommario/riassunto	Depression is often misdiagnosed or missed entirely in the elderly; people often think it's a "normal" response to the aging process. But this is not the case, and Serani offers a compassionate and practical guide to understanding, identifying, and treating depression for anyone suffering or who knows someone suffering with this common disorder.