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Autore	Lazarus Richard S
Titolo	Coping with aging // Richard S. Lazarus and Bernice N. Lazarus
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Descrizione fisica	1 online resource (257 p.)
Collana	Oxford scholarship online
Altri autori (Persone)	LazarusBernice N
Disciplina	305.26
Soggetti	Older people Adjustment (Psychology) in old age Aging - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Formerly CIP. Previously issued in print: 2006.
Nota di bibliografia	Includes bibliographical references (p. 221-233) and index.
Nota di contenuto	The typical course of aging -- The emotions and research problems -- Coping -- The environment -- The personality -- Family and friends -- A different doctor for every organ -- Loss of a useful function in life : work -- Psychological treatment -- Principles of successful aging.
Sommario/riassunto	'Coping With Aging' examines the experience of aging from the standpoint of the individual, rather than as a collection of statistics & charts. He argues that experiences should be explored in their specific contexts, rather than presented in a form that neglects the motivational factor.