Record Nr. UNINA9910819648003321 Autore Nezu Christine M Titolo Specialty competencies in cognitive and behavioral psychology / / Christine Maguth Nezu, Christopher R. Martell, Arthur M. Nezu Pubbl/distr/stampa Oxford: .: Oxford University Press. . [2014] ©2014 **ISBN** 0-19-023057-6 0-19-970023-0 Descrizione fisica 1 online resource (214 p.) Collana Series in specialty competencies in professional psychology Altri autori (Persone) NezuArthur M Disciplina 153 Soggetti Cognitive psychology Behaviorism (Psychology) **Psychologists** Psychology - Practice Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Introduction -- Conceptual foundations and theories -- Scientific research foundations -- Assessment in cognitive and behavioral psychology -- Models of cognitive-behavioral case formulation --Psychotherapeutic interventions -- Applied behavior analytic strategies -- Consultation, supervision, and teaching -- Interpersonal interactions -- Common ethical and legal challenges in cognitive and behavioral practice -- Individual and cultural diversity -- Professional identification. Sommario/riassunto Devoted to providing readers with a state of the art guide to the competencies required for the specialty practice of cognitive and behavioral psychology, Specialty Competencies in Cognitive and Behavioral Psychology describes and defines the foundational and functional competencies that guide best practices in this specialty. Influenced by a profession-wide recognition of the unique and distinct nature among psychological specialty practice as well as efforts to define professional competence, this book illustrates how cognitive and

behavioral psychologists actualize each area of professional