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| 1. Record Nr. | UNINA9910819550803321 |
| Titolo | Adolescent health sourcebook : basic consumer health information about adolescent growth and development, puberty, sexuality, reproductive health, and physical, emotional, social, and mental health concerns of teens and their parents, including facts about nutrition, physical activity, weight management, acne, allergies, cancer, diabetes, growth disorders, juvenile arthritis, infections, substance abuse, and more; along with information about adolescent safety concerns, youth violence, a glossary of related terms, and a directory of resources |
| Pubbl/distr/stampa | Detroit, Michigan : , : Omnigraphics, , [2018] 2018 |
| ISBN | 1-78684-660-8 0-7808-1612-9 |
| Edizione | [Fourth edition.] |
| Descrizione fisica | 1 online resource (xix, 756 pages) : illustrations |
| Collana | Health Reference Series |
| Disciplina | 616.89140835 |
| Soggetti | Teenagers - Health and hygiene Adolescent psychology Consumer education Adolescence |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Includes index. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Part I. An overview of adolescent health -- Part II. Staying healthy during adolescence -- Part III. Puberty, sexuality, and reproductive health -- Part IV. Common health concerns of teens and their parents -- Part V. Emotional, social, and mental health concerns in adolescents -- Part VI. Substance abuse and adolescents -- Part VII. Adolescent safety concerns -- Part VIII. Violence against adolescents -- Part IX. Additional help and information. |
| Sommario/riassunto | Provides consumer health information about the physical, mental, and emotional health and development of adolescents. Includes index, glossary of related terms, and other resources. |