

1. Record Nr.	UNINA9910819510903321
Autore	White Tony <1957->
Titolo	Working with drug and alcohol users : a guide to providing understanding, assessment and support // Tony White
Pubbl/distr/stampa	Philadelphia, : Jessica Kingsley Publishers, 2013
ISBN	1-283-75448-7 0-85700-618-5
Descrizione fisica	1 online resource (226 p.)
Disciplina	362.29/186
Soggetti	Counseling psychology Drug abuse counseling Alcoholism counseling
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Acknowledgements -- Introduction -- Foundations of drug and alcohol counseling -- Drugs in society and addiction -- Fundamental components of drug counseling -- Transactional analysis and the theory of addiction -- Why people use drugs and their treatment -- Specific techniques in counseling the drug and alcohol user -- The harm reduction contract and harm reduction counseling -- Assessment of the drug and alcohol user -- Drug use ambivalence -- Relapse process work -- Motivational interviewing -- The teenage drug user -- Epilogue -- References -- Further reading -- Index.
Sommario/riassunto	An accessible guide to providing effective support to substance users. The book uses transactional analysis to provide models for understanding substance use, assessing clients, intervention and treatment. Counseling techniques such as motivational interviewing and relapse process work are included, and case studies feature throughout.