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Autore	Hall Nicola
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Altri autori (Persone)	WilliamsMatthew
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Sommario/riassunto	Definitive and in-depth, this book presents essential information for excellent hand reflexology practice. Covering history and theory, the anatomy of the hand, detailed descriptions of each reflex area and techniques for practice, this book will deepen understanding of hand reflexology and how it can be used to treat a wide range of conditions.