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Titolo	Problem postcards [[electronic resource]] : social, emotional and behavioural skills training for disaffected and difficult children aged 7 to 11 // Janine Koeries, Brian Marris and Tina Rae ; illustrated by Mark Cripps
Pubbl/distr/stampa	London, : Paul Chapman, c2005
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Collana	Lucky Duck Books
Altri autori (Persone)	MarrisBrian RaeTina CrippsMark
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Nota di contenuto	Cover; Copyright; Contents; Introduction and Background; Introductory Session; Session 1: Getting Positive; Session 2: Feeling Angry and Sad; Session 3: Feeling Stressed; Session 4: Caring and Sharing; Session 5: Getting Motivated; Session 6: Feeling Frightened; Session 7: Managing Anger; Session 8: In Control; Session 9: Dealing with Aggression; Session 10: Respect and Empathy; Session 11: Coping with Change; Session 12: Mediation Skills; Session 13: Looking Forward; Session 14: Final Session; Bibliography
Sommario/riassunto	This 14 session programme was initially developed for junior age children who had been permanently excluded. It has been adapted to assist young people who are disaffected & difficult, & could be at risk of exclusion.