Record Nr. UNINA9910819258203321 Autore Hromek Robyn **Titolo** Game time: games to promote social and emotional resilience for children aged 4 to 14 / Robyn Hromek Pubbl/distr/stampa London:,: Paul Chapman Thousand Oaks, California:,: SAGE,, [2005] ©2005 **ISBN** 1-282-02082-X 9786612020827 1-84920-246-X Descrizione fisica 1 online resource (153 p.) Collana Lucky Duck Books Disciplina 155.418071 Soggetti Resilience (Personality trait) in children Resilience (Personality trait) in adolescence Games in mental health education Life skills Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references (page 65). Play and socio-emotional development -- Emotional resilience -- The Nota di contenuto life space interview -- Game leaders -- Using therapeutic games --The games. Sommario/riassunto Includes CD-Rom These games will be invaluable for those working with small groups of young people who find it difficult to behave and co-operate with their peers. They are progressive in terms of skill development and complexity and have a strong focus on early intervention (age range from 4 to 14). The games may be used sequentially over 6 to 8 sessions to practise a range of social and emotional skills; or in a one-off session to cover specific skills. Socio-emotional development addressed includes: - social and

friendship skills - anger ma