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Edizione	[1st ed.]
Descrizione fisica	1 online resource (145 p.)
Collana	Creative therapies in practice
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Table of Contents; Preface; 1 - Locus, Matrix and Status Nascendi: The Birth of Psychodrama; 2 - Setting the Stage: The Instruments and Techniques of Psychodrama; 3 - Warming-Up: Laying the Foundations for Practice; 4 - Scene-Setting: Getting Started; 5 - The First Scene: Moving into Action; 6 - The Second Scene: Enactment; 7 - The Third Scene: Completing the Session; 8 - Sharing: Psychodrama in Context; 9 - Processing: A Critical Look at Psychodrama; Appendix 1: Glossary of Psychodrama Terms; Appendix 2: A Guide to Further Reading; References; Index
Sommario/riassunto	Using numerous illustrations from practice, Paul Wilkins introduces the rationale, theory and practice of the psychotherapeutic technique of psychodrama.