Record Nr. UNINA9910819180403321 Food in the Civil War era: the North // edited by Helen Zoe Veit; Erin **Titolo** Kirk, book design Pubbl/distr/stampa East Lansing, Michigan: ,: Michigan State University Press, , 2014 ©2014 **ISBN** 1-60917-412-7 Descrizione fisica 1 online resource (x, 205 pages) Collana American Food in History Disciplina 641.5973 Soggetti Cooking, American - History - 19th century Cookbooks - United States - History - 19th century Food - United States - History - 19th century United States History Civil War, 1861-1865 Social aspects Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes bibliographical references (pages 187-194) and index. Nota di bibliografia Nota di contenuto Feeding the North, by Kelly J. Sisson Lessens and Adam Arenson --Seeing the Civil War era through its cookbooks -- Mary Hooker Cornelius, The young housekeeper's friend -- Mrs. S. G. Knight, Titbits; or, how to prepare a nice dish at a moderate expense -- P.K.S., What to do with the cold mutton: a book of réchauffés, together with many other approved receipts for the kitchen of a gentleman of moderate income -- Ann Howe, The American kitchen directory and housewife -- What shall we eat? A manual for housekeepers, comprising a bill of fare for breakfast, dinner, and tea, for every day of the year -- Glossary of nineteenth-century cooking terms. Sommario/riassunto Cookbooks offer a unique and valuable way to examine American life. Their lessons, however, are not always obvious. Direct references to the American Civil War were rare in cookbooks, even in those published right in the middle of it. In part, this is a reminder that lives went on and that dinner still appeared on most tables most nights, no matter how much the world was changing outside. But people accustomed to thinking of cookbooks as a source for recipes, and not much else, can be surprised by how much information they can reveal about the daily lives and ways of thinking of the people who wrote and used them. In

this fascinating historical compilation, excerpts from five Civil War-era cookbooks present a compelling portrait of cooking and eating in the urban north of the 1860s United States.