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Montes""

""Chicana in the Zendo: Love and Power on the Spiritual Path - Alicia Enciso Litschi""""Pero tu no crees en dios: Negotiating Spirituality, Family, and Community - Michelle Tellez""; ""Healing Introspections: Reaching Inside and Reconstructing Myself - Rosa Maria Hernandez Jurez""; ""Nepantla Spirituality: My Path to the Source(s) of Healing - Lara Medina""; ""Part 4. The South: The Direction of Youth""; ""The Woman Within - Sarahi Nuez-Mejia""; ""Creosote and Lavender - Angelita Borben""; ""Coming Full Circle - Beatriz Villegas/Illhuicatlahuili-Bea""

""Living La Vida Santa: My Chicana Spirituality and Activist Scholarship - Norma E. CantA;""""Anatomy of Learning: Yauhtli, Peyotzin, Tobacco, and Maguey - Patrisia Gonzales""; ""References""; ""Contributors""; ""Artist's Statement""; ""Index""

Sommario/riassunto

"Fleshing the Spirit brings together established and new writers to explore the relationships between the physical body, the spirit and spirituality, and social justice activism. The anthology incorporates different genres of writing--such as poetry, testimonials, critical essays, and historical analysis--and stimulates the reader to engage spirituality in a critical, personal, and creative way"--
