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Nota di contenuto	Selfhood, Identity and Personality Styles; Contents; Introduction; Part One; 1 Subjectivity and Ipseity; 1.1 From Kant to cybernetics; 1.2 The sense of self and the variety of experience; 1.3 Nonlinear systems and the construction of the self; Nonlinear systems; Construction of the self; 1.4 The organization of living systems and constructivism of the self; The organization of living systems; Constructivism of the self; 1.5 Robert's self from a systemic perspective; 1.6 The continuity of the sense of self; 1.7 The return of the world and the question 'Who?'; Returning to the world The question 'Who?' (Die Werfrage)1.8 Finding itself in things and with others; 1.9 Reflection; 1.10 Meaning; 1.11 Inclination; 2 Ipseity and Language; 2.1 Traces of the other; 2.2 Shared meaning; 2.3 Finding oneself in the world: suggestions from phenomenology; 2.4 Body-to-body; 2.5 The significativity of expressions and objects; 2.6 Referential communication; 2.7 Oneself in the mirror and in the refraction of language; 2.8 Recognition of self in the mirror and in language; 2.9 Affective engagements; 2.10 Acting and speaking; 3 Personal Identity;

3.1 Speaking of the past
 3.2 Stories of the future
 3.3 The sense of self in the age of reason; 3.4 The modes of identity; 3.5 Inclinations; 3.6 Situatedness; 3.7 The body, pain and others; 4 Emotioning; 4.1 Embodied emotions and judgements of the body; 4.2 E-moting; 4.3 E-moting with others; 4.4 Emotional inclinations; 4.5 Constructionist situatedness; 4.6 The impact of technology; 4.7 Technological tuning; 4.8 Mediated affective engagement; Part Two; 5 The Eating Disorder-prone Style of Personality; 5.1 Co-perceiving the self and other; 5.2 Disorders; Anorexia nervosa; Bulimia nervosa; Binge-eating disorder Disorders connected to male body shape Behavioural addictions (compulsive buying, pathological gambling, kleptomania, internet addiction, impulsive-compulsive sexual behaviour, pyromania); 6 The Obsessive- Compulsive-prone Style of Personality; 6.1 Michael Kohlhaas; 6.2 Mr Prokharichin; 6.3 Disorders; Thematic personality disorders; Obsessive-compulsive disorders; 6.4 Case vignettes; Uncertainty about one's own thoughts; Uncertainty about one's actions and their consequences; Uncertainty about one's sense of self; 7 Personalities Prone to Hypochondria-Hysteria; 7.1 The Loser; 7.2 Disorders Hysteria Hypochondria; 8 The Phobia-prone Style of Personality; 8.1 Interoceptive awareness and emotional experience; 8.2 'The stuffed bird'; 8.3 Zuccarello the distinguished melodist; 8.4 Case vignette; 8.5 Disorders; The distortion of personal stability; The fear of fear; What is the origin of distorted beliefs?; Agoraphobia; 8.6 Case vignettes; Specific phobia?; Spontaneous panic?; 9 The Depression-prone Style of Personality; 9.1 The margins of the problem; 9.2 Enduring dispositions; 9.3 The depression-prone style of personality; 9.4 Disorders; 9.5 Case vignette
 9.6 Is depression an adaptation?

Sommario/riassunto

A key text for Psychiatrists, psychologists, psychotherapists, as well as trainees in the area. Presenting a clinical model which has close connections with American constructivist psychotherapy and Bowlby's Attachment Theory. Delineates a set of principles in the study of consciousness that place the first-person perspective at the heart of the analysis of emotional disorders Differentiates six personality styles, describing the origin of the subjective emotional experience; the ordering and the regulation of the emotional domain, and the psychopathological disorders Provides ne